

**Heiner Fruehauf, Ph.D., L.Ac.
School of Classical Chinese Medicine
National College of Natural Medicine
Portland, OR 97201
503-552-1775**

EDUCATION

- 1990-1992 Postdoctoral research in advanced aspects of Traditional Chinese Medicine, Chengdu University of Traditional Chinese Medicine and Pharmacology, China
- 1986-1990 Department of East Asian Languages & Civilizations, University of Chicago (Ph.D. 1990)
- 1987-1988 Dissertation research, Waseda and Tokyo Universities, Japan
- 1985-1986 Department of East Asian Languages & Civilizations, University of Chicago (M.A. 1986)
- 1984-1985 Graduate studies in Chinese Literature & Chinese Medicine, Hamburg University, Germany
- 1982-84 Studies in Chinese Literature and Philosophy, Fudan University, Shanghai, China
- 1980-1982 Qualifying exams in Sinology, Philosophy, Comparative Literature, Tübingen University, Germany
- 1980 Student Certificate for deep tissue massage/acupressure, Institute of Postural Integration, San Francisco, CA

TEACHING EXPERIENCE

- 2008- Visiting Professor, Guangxi College of TCM, P.R. China
- 2006- Founding Professor, School of Classical Chinese Medicine, NCNM
- 2004-2006 Professor and Dean, Department of Classical Chinese Medicine, NCNM
- 2002-2004 Professor and Chair, Department of Classical Chinese Medicine, NCNM
- 1994-2002 Associate Professor and Chair, Department of Classical Chinese Medicine, NCNM
- 1992-1994 Assistant Professor, Department of Classical Chinese Medicine, NCNM

AWARDS

- 2009 Limelight Award, NCNM
- 2009 Vollum Family Foundation Award (to support scholarship in classical Chinese life science; for summer quarter research)
- 2009 The Rick and Ellie Myers Foundation Award (to support scholarship in classical Chinese life science; for spring quarter research)
- 2009 Vollum Family Foundation Award (to support scholarship in classical Chinese life science; for winter quarter research)

- 2008 Building Bridges of Integration for Traditional Chinese Medicine Award, Traditional Chinese Medicine World Foundation
- 2008 NCNM Faculty Scholarship Award (for fall quarter research), NCNM
- 2004 Metamorphosis Award (“Most Transformational Teacher”), NCNM
- 2000 Inspiration Award (“Most Inspiring Teacher”), NCNM
- 1991-1992 Postdoctoral China Fellowship, The German Research Fund
- 1989-1990 Whiting Fellowship for Dissertation Research in Chinese Studies
- 1985-1989 Century Fellowship, The University of Chicago
- 1987-1988 Fellowship for Dissertation Research in Chinese Studies, American Council of Learned Societies
- 1984-1985 Cusanuswerk Fellowship, Germany
- 1982-1984 China Fellowship, German Academic Exchange Service
- 1981-1982 Cusanuswerk Fellowship, Germany

HONORARY MEMBERSHIPS

- 2006 Citizen Board Member of Portland State University’s Confucius Institute

MEDICAL LICENSES

- 1995 *L.Ac. (acupuncture license)*, Oregon (current)

LECTURES/WORKSHOPS PRESENTED

- 2010 Classical Chinese Medicine: Introducing the Theory and Clinical Usefulness of a Traditional Health Care System in Modern Times (February); Brown University Medical School.
- On the Symbolism of the First Month in the Chinese Calendar (Tiger/Lung) (February); Lan Su Chinese Garden, Portland, OR.
- 2009 All Disease Comes From the Heart: The Emotions in Chinese Medical Practice (February); NCNM
- The Cosmology, Philosophy, and Origins of Classical Chinese Medicine (March); San Francisco State University, San Francisco, California
- All Disease Comes From the Heart: The Pivotal Role of the Emotions in Classical Chinese Medicine (March); San Francisco State University, San Francisco, California
- Chinese Medical Alchemy: The Clinical Significance of the 72 Material Manifestations (*wuhou*) (May); NCNM
- Chinesische Einsichten zur Behandlung von Autoimmunkrankheiten (Chinese Insights about the Treatment of Autoimmune Diseases) (May); 40th International TCM Conference, Rothenburg, Germany

Ancient Chinese *Yijing* Science as a Macrocosmic Map for Chinese Medicine (May); 40th International TCM Conference, Rothenburg, Germany

Chinesische Einsichten zur Behandlung von Schwererkrankungen (Chinese Insights about the Treatment of Difficult and Recalcitrant Diseases) (May); 40th International TCM Conference, Rothenburg, Germany

Chinesische Einsichten zur Behandlung von Krebs (Chinese Insights about the Treatment of Cancer) (May); 40th International TCM Conference, Rothenburg, Germany

Die Zukunft der chinesischen Medizin (Panel Discussion: The Future of Chinese Medicine) (May); 40th International TCM Conference, Rothenburg, Germany

Die Sechs Schichten des Shanghan lun: Klassische Theorie und Klinische Anwendung (The Six Layers of the Shanghan lun: Classical Theory and Clinical Application) (August); German Association of Classical Acupuncture and Traditional Chinese Medicine, Frankfurt, Germany.

Therapieansätze in der chinesischen Medizin: Erkältungskrankheiten, Krebs, Auto-immunkrankheiten, und *fuyang* Theory in der Feuergeist-Schule und der daoistischen Medizin (Clinical Approaches in Chinese Medicine: Respiratory Diseases, Cancer, Auto-immune Diseases, and *fuyang* Theory in the Fire-Spirit School and Daoist Medicine) (August); Arte Medica Dialog, Frankfurt, Germany.

As Above, So Below: The Alchemical Origins of Chinese Medicine (September); 2nd Scandinavian TCM Congress, Jammerbugten, Denmark.

Jinjing Qigong and Five Element Chanting (September); 2nd Scandinavian TCM Congress, Jammerbugten, Denmark.

The Shen/Mind Project: A Week-long Discussion and Panel with Dominique Hertzner, Elisa Rossi, Peter Firebrace, and Yair Maimon (September); 2nd Scandinavian TCM Congress, Jammerbugten, Denmark.

Lost Alchemy of the Acupuncture Point Names (September); 2nd Scandinavian TCM Congress, Jammerbugten, Denmark.

Ancient Cosmology in the Clinical Practice of Chinese Medicine (September); The British Conference of Acupuncture & Oriental Medicine, Royal Holloway University of London, Egham, England.

The Cosmology of Classical Chinese Medicine: Practical Considerations (October); Five Branches College of TCM, Santa Cruz.

Human Destiny and the Emotions: The Role of the Five Virtues in Ancient Chinese Culture (November); Confucius Institute, Portland State University.

2008 Classical Chinese Medicine: History and Clinical Relevance (February); Reed College, Portland, Oregon

The Body as Microcosm: The Classical Origins of Chinese Medicine (March); Canadian Oriental Medicine Symposium, Vancouver, B.C.

Symbolism in Chinese Medicine: Uncovering the Hidden Depth of Organ Physiology (March); Canadian Oriental Medicine Symposium, Vancouver, B.C.

Cosmological Alchemy: How Ancient Knowledge Can Increase the Clinical Power of Chinese Medicine (March); International Congress of Chinese Medicine, Tel Aviv University, Israel

The Role of the Emotions in Chinese Medicine: A Systematic Analysis (March); International Congress of Chinese Medicine, Tel Aviv University, Israel

The Spirit of the Points: New Insights into the Etymology of the Classical Acu-Moxa Point Names (March); International Congress of Chinese Medicine, Tel Aviv University, Israel

Microcosm and Macrocosm in Classical Chinese Medicine: Introduction to a New Educational Approach (October); Institute for the Clinical Research of Classical Chinese Medicine, Guangxi College of TCM, P.R. China.

Classical Chinese Medicine: An Introduction (October); Contemplative Studies Initiative, Brown University, Providence R.I.

Flow Science: The Importance of Invisible Forces in the Clinical Practice of Chinese Medicine (November); Keynote address at annual Building Bridges of Integration for TCM Conference, Chantilly, VA

All Disease Comes From the Heart: The Emotions in Classical Chinese Medicine (November); Building Bridges of Integration for TCM Conference, Chantilly, VA

The Four Seasons of Chinese Medicine (November); Building Bridges of Integration for TCM Conference, Chantilly, VA

The Five Phase Elements and the Five Virtues in Chinese Medicine (November); TAI Sophia Institute, Laurel, MD

Twelve Organ Network Symbolism in Classical Chinese Medicine. Comprehensive 3 week course (December); Institute for the Clinical Research of Classical Chinese Medicine, Guangxi College of TCM, P.R. China

Imagery and Symbol as Scientific Tools in Classical Chinese Medicine (December); Guangxi College of TCM, P.R. China

2007 Chinese Medicine: History, Clinical Efficacy, and Integration with Allopathic Medicine (March); Oregon Health and Science University, Portland, Oregon

Holographische Alchemie: Einleitung zur Wissenschaft des Symbolismus in der chinesischen Medizin (Holographic Alchemy: An Introduction to the Science of Symbolism in Chinese Medicine) (May); DAEGFA (German Physicians' Acupuncture Association) Conference, Bad Nauheim, Germany

All Disease Comes from the Heart: The Forgotten Role of the Emotions in Chinese Medicine (May); 38th International TCM Conference, Rothenburg (Germany)

Die Feuergeist-Linie in der Sichuanesischen Kräutertradition (The Fire Spirit School of Sichuan Herbalism) (May); 38th International TCM Conference, Rothenburg, Germany

Emotionaltherapie im modernen China: Wang Fengyi's (1864-1937) System der Fünf Tugenden (Emotional Therapy in Modern China: Wang Fengyi's [1864-1937] System of the Five Virtues) (May); 38th International TCM Conference, Rothenburg, Germany

Sources for Increasing the Clinical Efficacy of Chinese Medicine (October); annual conference of American Association of Acupuncture and Oriental Medicine (AAAOM), Portland, Oregon

2006 Natural Medicine and Chinese Medicine as a Career Choice (February); University of Oregon, Eugene

The Theoretical Foundations of Classical Chinese Medicine (April); Portland State University

As Above, So Below: The Daoist Origins of Chinese Medicine (May); Third International Conference on Daoism and the Contemporary World, University of Munich, Germany

Direct Transmission: The Search for the Heart in Classical Chinese Medicine (May); presentation of film documentary at the Third International Conference on Daoism and the Contemporary World, University of Munich, Germany

- The Renaissance of Classical Medicine in Modern China: Interviews with Chinese Master Physicians (May); 37th International TCM Conference, Rothenburg, Germany
- On Togetherness and Solitude: The Pericardium and the Triple Warmer as Catalysts of Human Emotions (May); 37th International TCM Conference, Rothenburg, Germany
- On Suffering and Holy Wars: The Liver and Gallbladder as Catalysts of Human Emotions (May); 37th International TCM Conference, Rothenburg, Germany
- 2005 Integrative Aspects of Ancient Medicine: The Example of Classical Chinese Medicine (February); Paradigm Shift Symposium, Portland, Oregon
- The Hai Shan Center: An Example of Holistic Home Building (April); NW Timberframer's Guild, Corbett, Oregon
- Holism in Ancient Medicines: The Example of Classical Chinese Medicine (April); Portland State University,
- The Concept of Heaven in Chinese Medicine (May); 36th International TCM Conference, Rothenburg, Germany
- The Heavenly Organs of Chinese Medicine: The Heart, the Small Intestine, the Bladder, and the Kidney (May); 36th International TCM Conference, Rothenburg, Germany
- Drug-Herb Interactions in Chinese Medicine (October); panel presentation at Building Bridges of Integration for Traditional Chinese Medicine 05 Conference, New York
- As Above, So Below: The Relationship Between Macrocosm and Microcosm in Chinese Medicine (October); Building Bridges of Integration for Traditional Chinese Medicine 05 Conference, New York
- The Foundational Theory of Chinese Medicine (November); Oregon College of Oriental Medicine, Portland, Oregon
- Gu Syndrome: An Effective Chinese Approach to Lyme Disease, Fibromyalgia, and other Manifestations of Chronic Parasitism (November); Oregon College of Oriental Medicine, Portland, Oregon
- 2004 The Role of the Classics in Chinese Medicine; keynote address at annual conference of American Association of Acupuncture and Oriental Medicine (AAAOM), Las Vegas
- The Science of Symbols; annual conference of American Association of Acupuncture and Oriental Medicine (AAAOM), Las Vegas
- Chinese Medicine: Cosmology, Symbolism, and Clinical Practice; German Association of Classical Acupuncture and Traditional Chinese Medicine; Frankfurt, Germany
- Introduction to Natural Medicine; Portland State University
- 2003 Diagnosing the Gums and Teeth in Chinese Medicine; Oregon Health and Sciences University, Portland, Oregon
- Chinese Medicine and the Science of Symbols; German Association of Classical Acupuncture and Traditional Chinese Medicine, Frankfurt, Germany
- The Liver and Small Intestine; 34th International TCM Conference, Rothenburg, Germany
- The Stomach and Pericardium; 34th International TCM Conference, Rothenburg, Germany
- The Concept of Earth in Chinese Medicine; 34th International TCM Conference, Rothenburg, Germany
- What is Classical Chinese Medicine? 34th International TCM Conference, Rothenburg, Germany

- The Spleen and the Stomach in Chinese Medicine; Societas Medicinæ Sinensis, München, Germany
- 2002 The Concept of Holistic Medicine; Conference on Spirituality and Medicine, Portland State University
- 2001 The Classical Foundation of Chinese Medicine; 32nd International TCM Conference, Rothenburg, Germany
- The Lung and the Heart; 32nd International TCM Conference, Rothenburg, Germany
- The Lung and the Large Intestine; Societas Medicinæ Sinensis, München, Germany
- 2000 An Introduction to Chinese Medicine; Oregon Health Sciences University, Portland, OR
- 1999 The Treatment of Prostate Cancer with Oriental Medicine; Good Samaritan Hospital, Portland, OR
- Daoist and Tibetan Medicine; Heron Institute, Sichuan, China
- Problems in the Contemporary Practice of Chinese Medicine; annual conference of California Acupuncture Association, San Francisco
- 1998 Daoist and Tibetan Medicine; Heron Institute, Sichuan, China
- Therapeutic Qigong, NW Acupuncture Institute, Eugene
- 1997 Gu Syndrome and Traditional Chinese Parasitology; annual conference of California Acupuncture Association, San Francisco
- Classical Chinese Medicine and Consumer Health; Portland State University
- 1996 Daoist Meditation and Longevity Practices; Breitenbush Hot Springs Conference Center, Detroit, Oregon
- 1995 Liuqing Bianzheng and Wenbing Xue: Two Major Systems of Chinese Diagnosis; guest lecture series, Oregon College of Oriental Medicine, Portland, Oregon
- Huangdi neijing*: The Yellow Emperor's Classic of Medicine; Reed College, Portland, Oregon
- 1994 Philosophy, Diagnosis and Therapy in Chinese Medicine; guest lecture series, Southwest College of Naturopathic Medicine, Scottsdale, Arizona
- 1993 Treating Recalcitrant Diseases with Herbal Formulas Recorded in the *Shanghan lun*; guest lecture series, Oregon College of Oriental Medicine
- Traditional Chinese Chrono-Medicine (*wuyun liuqi*); International Research Symposium, German Association of Traditional Chinese Medicine and Classical Acupuncture, Herrenberg, Germany
- Back to the Future: A Fresh Perspective on Chinese Medicine; annual convention of American Association of Naturopathic Physicians, Portland, Oregon
- 1991 Traditional Chinese Medicine: An Alternative to Western Medicine? Frankfurt University Medical School, Germany
- Buddhist Cosmology and Traditional Chinese Medicine; workshop conducted in cooperation with Prof. Li Zhongyu for members of the German Association of Traditional Chinese Medicine and Classical Acupuncture, Mt. Qingcheng, Sichuan, China
- Traditional Chinese Chrono-Acupuncture: Theory and Practice; workshop conducted in cooperation with Dr. He Yuanhuai for members of the German Association of Traditional Chinese Medicine and Classical Acupuncture, Chengdu, China

- 1990 Ancient Chinese Philosophy and Its Application in Daoist Meditation and Longevity Techniques; workshop conducted in cooperation with Zhang Yuanming for members of the German Association of Traditional Chinese Medicine and Classical Acupuncture, Wenjiang, China
- Western Exoticism in Modern Chinese Literature; National Convention of the Association for Asian Studies, Chicago
- The City in Modern and Contemporary Chinese Literature; conference on Contemporary Chinese Literature and Its Literary Antecedents, Harvard University
- Germany in the Eyes of the Modern Chinese Travel Writer; conference on German-Chinese Reflections, Bonn University, Germany
- 1988 Tokyo, Paris and Shanghai: The Common Ground of Orientalists and Occidentalists, 1865-1935. German Society for East Asian Anthropology (OAG), Tokyo

PUBLICATIONS

- 2010 “Classical Chinese Medicine: An Introduction to the Foundational Concepts and Political Circumstance of an Ancient Science,” in Steve Xue, ed, Holistic Medicine and Rehabilitation: Global Sustainable Healing Systems for Health Professionals of the 21st Century. Assesse (B. Jain Archibel, 2010), p. 57-128.
- 2009 “Die Behandlung chronischer Entzündungen mit chinesischer Arzneimitteltherapie—Ein Interview mit Heiner Frühauf über die therapeutischen Möglichkeiten bei Gu-syndrom” (Treating Chronic Inflammatory Diseases with Chinese Herbs—An Interview with Heiner Frühauf about Therapeutic Strategies for Gu-Syndrom), *Chinesische Medizin* (Societas Medicinae Sinensis) 3/2009.
- “Elke ziekte begint bij het hart: De centrale rol van de emoties in de klassieke Chinese geneeskunde” (All Disease Comes from the Heart: The Role of the Emotions in Classical Chinese Medicine), *Huang Ti* (October, 2009).
- “All Disease Comes From the Heart: The Role of the Emotions in Classical Chinese Medicine,” *The Journal of Chinese Medicine*: 30th Anniversary Edition (June, 2009)
- “Foreword,” in Leon L. Hammer, The Patient-Practitioner Relationship in Acupuncture, Stuttgart/New York (Georg Thieme, 2009), p. v-vii.
- 2008 “All Disease Comes From the Heart: The Role of the Emotions in Classical Chinese Medicine,” *The American Acupuncturist* 43/2008.
- 2006 “Ein Blick der klassischen chinesischen Medizin auf die Natur des Alterns und der Langlebigkeit” (A Classical Chinese Medicine Perspective on the Nature of Aging and Longevity), in Andreas Noll and Birgit Ziegler, ed., Altern und Tod in der Chinesischen Medizin (Aging and Dying in Chinese Medicine), München (Elsevier, 2006), p. 63-78.
- “Jede Krankheit kommt vom Herzen: Die Schlüsselrolle der Emotionen in der klassischen chinesischen Medizin” (All Disease Comes from the Heart: The Key Role of the Emotions in Classical Chinese Medicine), in Andreas Noll and Barbara Kirschbaum, ed., Stresskrankheiten: Vorbeugen und Behandeln mit chinesischer Medizin (Stress: Prevention and Treatment with Chinese Medicine), München (Elsevier, 2006), p. 206-219.
- 2005 “Das Gu Syndrom: Ein Vergessener Ansatz bei chronischem Parasitismus” (Gu Syndrome: A Forgotten Approach to Chronic Parasitism), *Zeitschrift für TCM* 2/2005.
- “Chinesische Medizin in der Krise: Wissenschaftliche und politische Hintergründe der Entstehung der ‘TCM’, (Teil 2: 1990 bis heute)” (Chinese Medicine in Crisis: Scientific and Political Background for the Development of ‘TCM’, Part II: 1990 Until Today), *Chinesische Medizin* (Societas Medicinae Sinensis) 2/2005.

Chinesische Medizin in der Krise: Wissenschaftliche und politische Hintergründe der Entstehung der "TCM" (Teil 1: 1850–1990) (Chinese Medicine in Crisis: Scientific and Political Reasons for the Development of 'TCM', Part I: 1850-1990), *Chinesische Medizin* (Societas Medicinae Sinensis) 1/2005.

"Xu" (Introduction), in Luc de Schepper and Steve An Xue, Heliao yixue: yu zhongyi xiangfu xiangcheng de xifang ziran yixue (Homeopathy: A Western Natural Medicine Complementary to Traditional Chinese Medicine), Shanghai (Shanghai Zhongyiyao Daxue Chubanshe, 2005).

2004 "Gu Syndrom: Chronischer Parasitismus in der chinesischen Medizin" (Gu Syndrome: Chronic Parasitism in Chinese Medicine), *Zeitschrift für Chinesische Medizin*, Spring 2004.

2003 "Introduction," in Lonny Jarrett, The Clinical Practice of Chinese Medicine, Stockton (Spirit Path Press, 2003).

2002 "Die Wurzeln der chinesische Medizin: Daoistische Kosmologie und die Alchimie der Symbole, Teil 2" (The Roots of Chinese Medicine: Daoist Cosmology and the Alchemy of Symbols, Part Two), *Chinesische Medizin* (Societas Medicinae Sinensis) 3/2002.

"Die Wurzeln der chinesischen Medizin: Daoistische Kosmologie und die Alchimie der Symbole, Teil 1" (The Roots of Chinese Medicine: Daoist Cosmology and the Alchemy of Symbols, Part One), *Chinesische Medizin* (Societas Medicinae Sinensis) 2/2002.

"The Science of Symbols: Exploring a Forgotten Gateway to Chinese Medicine (Part Two)," *The Journal of Chinese Medicine*, Summer 2002.

"The Science of Symbols: Exploring a Forgotten Gateway to Chinese Medicine (Part One)," *The Journal of Chinese Medicine*, Spring 2002.

2001 "Gesundheit im Fluss der Vier Jahreszeiten" (Promoting Health by Flowing with the Seasons), *Deutsche Zeitschrift für Akupunktur*, Spring 2001.

"Über die Beziehung zwischen Medizin und Philosophie" (On the Relationship Between Medicine and Philosophy), *Deutsche Zeitschrift für Akupunktur*, Winter 2001.

1999 "Chinese Medicine in Crisis: Science, Politics, and the Making of TCM," *The Journal of Chinese Medicine*, November 1999.

"Chinese Medicine in Crisis: Science, Politics, and the Making of TCM," *The Empty Vessel*, Summer 1999.

"The Treatment of Uraemia and Kidney Failure with Chinese Herbs", *The Journal of Chinese Medicine*, May 1999.

"Chinese Medicine in Crisis: Science, Politics, and the Making of TCM, Part II", *California Journal of Oriental Medicine*, Spring 1999.

"Chinese Medicine in Crisis: Science, Politics, and the Making of TCM, Part I", *California Journal of Oriental Medicine*, Winter 1999.

"On the Relationship of Medicine and Philosophy: From Zhang Xichun, 'Chinese at Heart But Western Where Appropriate: Essays Investigating an Integrated Form of Medicine,'" *The Empty Vessel*, Winter 1999.

1998 "Promoting Health and Relaxation During the Four Seasons: An Introduction and Selective Translation of 'Eight Pieces on Observing the Fundamental Principles of Life,'" *California Journal of Oriental Medicine*, July 1998.

"Driving Out Demons and Snakes: Ancient Chinese Paritology and the Treatment of Gu Syndrome in Modern Clinical Practice", *The Journal of Chinese Medicine*, May 1998.

- “On the Relationship Between Medicine and Philosophy: From Zhang Xichun, ‘Chinese at Heart But Western Where Appropriate: Essays Investigating an Integrated Form of Medicine,’” *California Journal of Oriental Medicine*, April 1998
- “The Treatment of Kidney Failure and Uremia with Chinese Herbs”, *Herbal Transitions*, Fall 1998.
- 1998 The Five Organ Networks of Chinese Medicine, Portland (Institute for Traditional Medicine, 1998).
- 1997 “Demons of the Body, Demons of the Mind: Ancient Chinese Parasitology and the Treatment of Gu Syndrome in Modern Clinical Practice”, *California Journal of Oriental Medicine*, May 1997.
- The Treatment of Difficult and Recalcitrant Diseases with Chinese Herbs, Portland (Institute for Traditional Medicine, 1997).
- “The Ginkgo: Its Usage in Traditional Chinese Medicine”, *The Journal of Chinese Medicine*, Winter 1997.
- 1996 “Mt. Qingcheng and the Origins of Daoist Culture,” *The Journal of Contemporary Taoism*, Fall 1996.
- 1995 “The Treatment of Mental Diseases with Chinese Herbs,” *The Journal of Chinese Medicine*, Summer 1995.
- The Foundations of Classical Chinese Medicine, Portland (peer reviewed textbook, National College of Natural Medicine, 1995).
- 1994 What is Chinese Medicine? Portland (peer-reviewed textbook, National College of Natural Medicine, 1994).
- Pearls from the Golden Cabinet: the Practitioners Guide to the Use of Chinese Herbs and Traditional Formulas, co-authored with Subhuti Dharmananda, Portland (Institute for Traditional Medicine, 1994).
- "Chinese Medical Considerations Regarding Prevention and Treatment of Stroke and Post-Stroke Syndrome," *The Journal of Chinese Medicine*, spring 1994.
- 1993 "Urban Exoticism in Modern and Contemporary Chinese Literature," in Ellen Widmer and David Wang, eds., From May Fourth to June Fourth: Film and Fiction in 20th Century China, Cambridge, MA (Harvard University Press, 1993).
- 1992 "And Where Is the Eiffel Tower: Modern Chinese Travelogues on Germany Between the Wars," in Wolfgang Kubin, ed., Dein Bild in meinem Auge: Deutsch-Chinesische Spiegelungen (Your Image in My Eye: German-Chinese Reflections), Bonn (Bouvier, 1992).
- "Yige xifangren dui kexue he mixin de kanfa" (A Westerner's View on Science and Superstition), Qigong xuebao 2/1992.
- Guoji qigong jingying pu yu mingjia zhibing juezhao (International Qigong: Experts and Therapeutic Methods), co-editor with Yuanming Zhang, Xi'an (Xian Jiaotong Daxue Chubanshe, 1992).
- 1990 “Urban Exoticism in Modern Chinese and Japanese Literature,” Doctoral Dissertation (The University of Chicago).
- 1989 Of Actors, Story Tellers, and Acrobats: The Traditions of the Chinese Theater (monograph, 56 pages), Tokyo (Deutsche Ostasiengesellschaft, 1989).
- "The Other in the Self, the Self in the Other: Exoticist Aesthetics and the Paris/Shanghai Connection," minima sinica 1/1989.
- 1988 "Of Books and People: Autobiography and the Search for Aesthetic Experience in the Work of Yu Dafu," Drachenboot: Zeitschrift für Moderne Chinesische Literatur und Kunst 2/1988.

Desires Interwoven: Literary Exoticism in East and West (monograph, 47 pages), Tokyo (Deutsche Ostasiengesellschaft, 1988).

- 1986 "Of Books and People: Autobiography and the Search for Aesthetic Experience in the Work of Yu Dafu," M.A. Thesis (The University of Chicago).
- 1984-1987 Translations of modern Chinese prose and poetry into German, published in several peer-reviewed German magazines and anthologies

SPECIAL PROJECTS AND ACTIVITIES

- Doctoral Thesis Advisor, American University of Complementary Medicine
- Consultant and Adjunct Professor, Southern Medical University, P.R. China
- Senior Project Advisor, Catlin Gable High School
- Academic Advisor, Integrative Body-Mind Information System (IBIS) Software Project
- Academic Project Advisor, Chinese Medicine documentary, German TV network ZDF
- Academic Advisor, Fortune Compass (*fengshui* device) development project